

# **Little River School**

# **Athletic Handbook**

Welcome to Little River athletics! We believe middle school athletics can play an important part in a student's overall development.

As a student athlete academics is an obligation; while participation in athletics is a privilege. We look forward to working with these student athletes while stressing the importance of: responsibility, cooperation, citizenship, and hard work.

We expect our student athletes to show these qualities not only while participating in athletics but in the classroom and community as well.

With all the best,

Demajio Lawson R.A.A.

Cory Hogans, Ed. D.

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## ***Little River School Athletic Staff***

*Principal  
Cory Hogans E.D., D.  
cory.hogans@dpsnc.net*

*Athletic Director  
Demajio Lawson R.A.A.  
demajio.lawson@dpsnc.net*

*Assistant Principal  
Ken Leshner  
kenneth.lesher@dpsnc.net*

### ***Fall Sports***

*Boys Soccer*

*Brian Martin  
brian.martin@dpsnc.net*

*Girls Volleyball*

*Madeline Perringer  
madeine.perringer@dpsnc.net*

*Cross Country*

*TBA*

*Football*

*Delundun Gaither  
durpolice@yahoo.com*

### ***Winter Sports***

*Boys Basketball*

*Steven Woodard  
steven.woodard@dpsnc.net*

*Girls Basketball*

*Rachel Romance  
Rachel.romance@dpsnc.net*

*Wrestling*

*Brian Martin  
brian.martin@dpsnc.net*

### ***Spring Sports***

*Baseball*

*James Johnson  
james.johnson@dpsnc.net*

*Softball*

*Mike Ellis  
mike.ellisrealty1@gmail.com*

*Girls Soccer*

*Brian Martin  
brian.martin@dpsnc.net*

*Track*

*Delundun Gaither  
durpolice@yahoo.com*

# NC Middle School Athletic Eligibility

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Only students in grades seven through nine may participate in middle school (7th and 8th grades) or junior high school (7th, 8th and 9th grades) interscholastic athletic competition, provided ninth grade is housed in the same building with seventh and eighth grades. In order to qualify for public school participation, a student must meet the following requirements:

## **Academics**

In grades seven and eight, the student must pass at least one less course than the number of required core courses each semester and meet promotion standards established by the LEA.

**At Little River, students must pass 5 out of 6 classes to be academically eligible.**

## **Age**

The principal must have evidence of the legal birth date of the student. A student shall not participate on a seventh or eighth grade team if the student becomes 15 years of age on or before August 31st of that school year.

## **Attendance**

A player must have attended school at least 85% of the previous semester.

**(Students must miss less than approximately 13 days from the previous semester to be eligible.)**

## **Promotion**

Promotion is defined as progressing to the next grade. In grades seven and eight, the student must meet state and local promotion standards each semester. A student who is promoted from the sixth grade to the seventh grade automatically meets the "courses passed" requirement for the first semester of the seventh grade.

## **Residence**

The student may participate only at the school to which the student is assigned by the LEA Semester Rule. No student may be eligible to participate at the middle school level for a period lasting longer than four (4) consecutive semesters, beginning with the student's entry into seventh grade

## **Sports Pre-Participation and Medical Examination Form**

In order to be eligible for practice or participation in interscholastic athletic contests, the student must receive a medical examination once every 365 days by a licensed physician, nurse practitioner, or physician assistant.

**We suggest that a student get his/her physical in July or August to ensure full medical eligibility for the entire school year.**

**The Student Information Packet must also be turned in and completed in its entirety prior to participation, including tryouts and practices.**

## Little River Student Athlete Academic Requirements

Each student must be in good standing academically and behaviorally. Coaches will work with teachers to ensure students maintain this requirement.

### **Academics –Grades checked at least every 3 weeks (using progress reports, report cards, and Gradebook)**

Each team coach will monitor students' progress.

Student athletes with one "F" will be placed on probation. Student athletes on probation will have a week to achieve a passing grade. Student athletes will be able to practice/play during this initial probationary period.

Second time probationary offenders will not practice/play until a passing grade is achieved.

Third time probationary offenders will be removed from the team.

Student athletes with two "F's" will be removed from the team.

## Little River Student Athlete Behavior Requirements

Each student must be in good standing academically and behaviorally. Behavior will be monitored daily by the coach to ensure students maintain this requirement. ISD, minor, and major classroom issues will be handled by the coach.

First ISS offense: Student athlete is suspended from team for length of the ISS specified time (no practice/play).

Second ISS offense: Student athlete suspended for double the ISS time.  
(ex. ISS 2 days = 4 days team suspension).

Third ISS offense: Student athlete is removed from the team.

First OSS: Student athlete is suspended for double the time of the OSS.

Second OSS: Student athlete removed from the team.

10 day OSS: Student athlete is automatically removed from team.

**Any student with ISS or OSS is not to attend practice/games during the duration of the consequence above. Suspension begins on the first day of placement in ISS/OSS.**

## Little River Student Athlete Guidelines

As a Little River athlete you are expected to

### Learn, Respect and Shine!

- If a player is not going to be at practice or a game, notify the coach via phone, email, or note.
- If a student athlete is not present in school, (s)he will not participate in practice or game for that school day absent.
- Strive to be the classiest middle school athletic program in Durham.
- Your playing time is not guaranteed, but practice time is.
- Chronic attitude and behavior problems will not be tolerated. Students may be dismissed from team.
- If problems arise, communicate with the coach.
- The use of social media to undermine the program or chastise a teammate, player, or coach will not be tolerated.
- Little River will not tolerate any ejections.  
The NC State Ejection Policy is:
  - football – ejection from the contest, miss the next contest at that level and all contests in the interim (**miss the next two contests for fighting**)
  - all other sports – ejection from the contest, miss the next two contests at that level and all contests in the interim (**miss the next four contests for fighting**)



## Little River Parent Guidelines

**- Parents must attend a mandatory pre-season parent meeting. If parents cannot attend, they must contact the coach to schedule an alternative date to discuss the Little River School Athletic Guidelines. Failure to do so will compromise a student's participation.**

- Pick up from practice or games promptly . Contact coach if a transportation problem arises.

*1st Late Pick Up: Warning to student and parent.*

*2nd Late Pick Up: Student athlete suspended from one game. Parent must contact coach.*

*3rd Late Pick Up: Student athlete dismissed from the team.*

- Use bus/athletic entrance for athletics events.

- Parents are encouraged to take athletes with them after an away match. If your child is riding home with another student, they must provide the coach with a note.

## Little River Parent Guidelines cont'd.

- In case of injury, personal insurance will be the primary coverage. DPS has a secondary insurance policy.
- Cheering from stands is welcome, let coaches coach, and the referees ref!
- If problems arise, have your athlete communicate with the coach. Please follow chain of command when issues do arise. (Coach, AD, Principal)
- Please do not plan to discuss issues with the coach after a game or match.
- Parents will be required to pay \$3/ticket (middle school aged and above) at the door for athletic events. This money goes to supporting Little River Athletics.
- Get involved in PTO to support to our students and athletes.

Visit [http://littleriver.dpsnc.net/pages/  
Little River Elementary](http://littleriver.dpsnc.net/pages/Little_River_Elementary)

*to view this document electronically and access other  
important athletic links.*